MY FACE FOR PEACE
People from all around the world show what they stand for

BY CORDULA & SAEID DASTMALCHIAN

ANATEHUS
IT IS TIME FOR PEACE ON EARTH

Bevin (USA)
The traveler into the light does not stop at night, and does not hurry on the day.
The traveler into the light walks the path of truth in thankfulness and love.
As his confidence is sincere, his journey is filled with boundless joy.
And faced with his firm will, every flame of fear extinguishes in devotion.

Saeeid Dastmalchian (From the book “The traveler into the light”)
THE PEACE BOOK

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“IMAGINE ALL THE PEOPLE LIVING LIFE IN PEACE”
(WORDS BY JOHN LENNON “IMAGINE”)
AHMED (PAKISTAN)
Dear Peace Lovers!

When we started our peace initiative My Face For Peace in October 2012, it was our goal to send messages of love, peace, and boundless human connectedness to the world. With this Peace Book, we have reached a first milestone now. To hold it in our hands is a great gift for us and we are happy and grateful to be able to share it with you.

"Showing face", making visible what we stand for, is an essential aspect of the journey towards Global Peace. It is time to realize that we are all needed. Not as observers, but as co-creators of peace. "Be the change you wish to see in the world" Mahatma Gandhi said.

World Peace begins therefore with each individual. We decide on our own actions. Either we consider this responsibility to be a burden and continue watching the crazy bustle for power and profit claims at the expense of people and our planet, or, we decide to take responsibility for our thoughts, feelings and actions and tread the path of sincerity. Peacefulness is our true nature. To find peace is our deepest human longing. Togetherness is what our hearts desire most. By putting divisive thoughts behind us, compassion, acceptance and peace will increasingly take possession of us. The more we cultivate our hearts, kindle our light and live it, the more we become a light for others, which in turn ignites the light within ourselves and others. We are convinced that together, connected with faith in Global Peace we will be able to create a huge, world-wide wave of love that can make the seemingly impossible possible. WE are the people. WE are the power.

More than 10,000 people from 132 nations have uploaded their portraits and comments on our website www.myfaceforpeace.org over the past 3 years. With this gesture they have "given face" to their desire for Global Peace. In daily posts on our Facebook page we have shared many of these messages of peace with the ever-growing MFFP community and invited people to join our campaign too. In parallel, we have offered workshops and lectures on the subject of peace in Hamburg. Experience has shown us just how abstract peace still is for many of us. We are swamped daily with images of war. They are always present in our minds. It's time to make it clear what peace means for us and to replace the images of the war with images of peace. This Peace Book is intended to be a contribution to that.

But our journey continues. We will also hand over this book to key figures within political, and religious organizations in order to give a clear signal that we humans are willing to live together in peace and to demand their honest and increased commitment to world peace. In addition, we are working on the planning of an international traveling exhibition, so that the messages of peace can be shared with many.

From the bottom of our hearts we thank all those who have had the courage to "show face" for peace. Your contribution has been fundamental to bringing this Peace Book into being and to giving it its charisma. And we are deeply grateful to all those who have stood by us in recent years with love, dedication and encouragement and who have helped us to spread the message of My Face For Peace in the world.

Much love and blessings to you all!

Cordula & Saeed Dastmalchian
Hamburg/Germany, August 2015

"CHILDREN OF ADAM ARE MEMBERS OF ONE BODY, CREATED FROM THE SAME SOURCE. IF EVEN ONE MEMBER IS IN PAIN THE OTHER MEMBERS CAN NOT BE AT PEACE."

(Saadi, Persian poet and mystic, 13th century)
Kyrill (Germany)
Peace and happiness to the world - the ultimate aim.

Maresa (Germany)
A BRIGHT BLUE SKY, THAT'S PEACE.

PEACE IS NOT A SEASON IT IS A WAY OF LIFE.
Tom-Robin (Germany)
PEACE IS WHEN EVERYBODY FEELS FREE TO GO WHEREVER HE WANTS WITHOUT FEAR

LANIG (FRANCE)
HOOD (PALESTINE)
ONE DAY WE’LL ACHIEVE PEACE ALL TOGETHER

Bernardo (Germany)
WE ALL LIVE BENEATH THE SAME SKY.
Meir (Israel)
Peace is not just a good idea. It is NECESSARY if we are going to survive.

Ziad (Lebanon)
A silent valley: a true reflection of peace.

Randy (USA)
Plekase Teach Peace

T.S. Jenkins (USA)
I’m 44 years old and someone has been at war somewhere for my entire life. Enough is enough.

Bharat (Nepal)
With dignity, love and grace, support anything that unites people and oppose anything that divides people and peace will not be a dream but a reality sooner or later.

Patrick (Lebanon)
My face for peace... as long as I’m alive :)

Osman (Sudan)
Not money, property, or other materialistic things, but rather peace is our main asset.

Cedric (Belgium)
Let the light pass through you
GLOBAL PEACE WILL BE THE RESULT OF COLLECTIVE INNER PEACE
PEACE IS ALWAYS A GOOD IDEA

MATTIA (GERMANY)
WE ARE READY FOR PEACE
Sandra & Ilse (Germany)

Peace is within you, so sow it as a seed and nurture them for what their fruits can share.

Michka (USA)
PEACE IS LOVING YOURSELF EXACTLY AS YOU ARE RIGHT NOW

WE ARE ALL ONE
(Trinidad & Tobago)

PEACE is ... freedom from fear and want !!!
Shivendra (India)

DagMar (Germany)
I SEE FEAR AND LOVE ANYWAY!
I HEAR RAGE AND HATE AND LOVE ANYWAY!
EVERYTHING STARTS WITH ME!
PEACE & FREEDOM IS THE NATURAL BIRTHRIGHT OF EVERY BEING!
SO - LET US LIVE IT - FINALLY!
I’VE STARTED ALREADY - JOIN IN!!

This world is just one country and all its people should be free at peace.
Miri (Germany)

Pushkar (Nepal)
When mother smiles it is a sense of happiness and peace.

Scherry (India)
Peace to me is when life is valued as a gift by everyone.
WE ARE THE REVOLUTION
AURORA (CANADA)
IMAGINE PEACE. IT WILL ELIMINATE IGNORANCE, APATHY AND HATE.

EVA (SWITZERLAND)
Peace: recognize diversity - with all its challenges.
KIRAN (INDIA)
WE CAN’T LOVE ANYONE UNLESS WE LOVE Ourselves
AND THAT’S WHERE THE PEACE COMES FROM WITHIN

Wolfgang (Germany)
I AM PEACE
In a world with increasing level of conflict, I wanted to count as one who stood up for peace.

Mike (South Africa)
Peace begins in the imagination: Imagine Peace.

Peace is a hidden privilege that God gave us.

Peace comes from within and it’s contagious! Free your inner self from blame, hatred and bitterness, you’ll live in peace and transmit its vibes all around you.

Peace will prevail!

Don’t wait for THEM to make peace - "THEM" is you yourself.

Let’s establish symbiotic collaborative relationships through the free will of mutual consent for the purpose of collective coexistence - these are our Genetics of Divinity.

The greeting "Peace to you!" has been pronounced by the people of the Middle East since the days of Joseph at least. See Genesis 42:23.

Peace starts from within. I’m offering you a helping hand and a smiling face... Peace and Love.
MAY ALL THE SENTIENT BEINGS
BE IN PEACE,
SAFE, HAPPY & FREE.
Knowledge is the bridge between cultures!

My face for peace is my love to the world.

With love we can build peaceful society.

Peace as a way to live and not something that might be attainable in a distant future, it’s in the hands of all of us.

In our joy, we think we hear a whisper. At first it is too soft. Then only half heard. We listen carefully as it gathers strength. We hear a sweetness. The word is peace. It is loud now. Louder than the explosion of bombs. Peace, my brother. Peace, my sister. Peace, my soul.